

NNEdPro Cambridge Summer School in Nutrition

A comprehensive **certificate** course in Applied Human Nutrition for professionals in health and health-related sectors

June 20 – June 24, 2016



Day
1

Basic Concepts in Human Nutrition

Intro to diet, nutrition and macronutrients
Dietary assessment methods
Body composition and energy metabolism
Role of nutrition in clinical practice

Day
2

Nutrition Research Methods

Intro to study design and qualitative data
Nutritional epidemiology
Nutrigenetics and Nutrigenomics
Nutrient quality and health
Diet-microbe interactions in the gut

Day
3

Nutrition in Disease Prevention

Nutrition and non-communicable diseases
Diet-related endocrine disorders
Nutrition and musculoskeletal health
Neurodegenerative diseases and nutrition

Day
4

Nutrition in Healthcare

Nutrition, hydration and clinical leadership
Under and over nutrition in practice
Nutrition and ageing
Clinical ethics of feeding

Day
5

Nutrition Public Health and Policy

Global nutrition
Food labelling systems
Nutrition and policy formulation
Nutritionists at work in industry

BENEFITS

- Excellent foundation course for Applied Human Nutrition
- Taught by leading global nutrition experts
- Core course materials endorsed by **Cambridge University Health Partners**
- Membership of the **NNEdPro Global Training Academy**
- Accommodation will be provided at a University of Cambridge college, including meals
- Complimentary registration for the **NNEdPro International Summit on Medical Nutrition Education and Research** (June 17th – 18th)

For further queries e-mail:
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of UK Dietitians

